



Lowther School Family Newsletter

Issue 13

11th February 2011

www.lowther.richmond.sch.uk

Lowther's Got Talent — THE FINAL!

Online Gallery now LIVE!



LGT The final

A huge well done to all 36 children who performed so brilliantly at the LGT final on Friday. A packed hall loved every minute of it. The performances, range of talents and pure quality were awesome! I think Jade, Jamie and Emili-jiana's idea could become a regular fixture in the Lowther School Family calendar! Though I'm not sure if we'll be able to afford Ant and Dec next time!

Well done to all those that auditioned, practiced and performed—it was a joy!

There have been a few minor changes to the new building design — including a brilliant footbridge which will connect the upstairs of the existing building to the new building. We will put illustrations of the designs on the TV in the lobby for you to view. It's looking REALLY good!



Mr. Tuffney's Homework Challenge 4



Well done to all of the children that came up with school super heroes. I received over 50 models, stories, costumes and pictures—all showed great imagination and creativity. We will put a display together so that everyone can enjoy looking at them.

Homework Challenge 5 is not far away—I better call for Homework Girl to help me out of this sticky situation!



Whole school behaviour Targets

Each week I set the whole school a behaviour target, At the end of the week the children are awarded either a Gold, Silver or Bronze award. These are set on a variety of whole school areas— such as being a good friend, being on time, doing your homework etc

On the reverse of this newsletter are the details of next weeks important behaviour target - which the children will need your help with. Please help us achieve GOLD!



This newsletter can also be found at <http://www.lowther.richmond.sch.uk/newsletters.html>

Free activity for Half Term

The Powerstation in Mortlake are offering FREE football coaching during half-term. Check out the advert below for details.



Behaviour Target for w/c 14th February 2011

To have a HEALTHY lunch EVERY day

Yes!

- **Some of your child's 5 a day**
- **A balanced meal e.g. foods with a balance of fibre, protein, sugar, fat, carbohydrate, vitamins and minerals**
- **Fruit**

No!

Sweets

Fizzy drinks

Too much sugar or fat

Not a balanced meal

Some Top Tips!

Make sandwiches from different kinds of bread including bread rolls, French bread, bagels and pitta bread as well as sliced bread. Use a different sandwich filling each day – preferably including a fruit or vegetable.

We've put some other great suggestions and tips on our school website — www.lowther.richmond.sch.uk

Go to the school information menu and look at the school meals section.

Do you enjoy Singing?

Why not come and join the NEW Community Choir
The choir meet at the Castlenau Community centre.
For adults ages 16+
Singing pop, Motown, musicals.
No audition necessary
The first session was brilliant with a great turnout—ask Tania in the office for more details



Easy way to support the PTA

The National Foundation for Educational Research is recruiting a pupil and parent voice panel. By registering with the NFER pupils and parents will have the chance to have their say on a wide range of educational issues. Surveys only typically take 15 minutes to complete and there is no obligation to complete any survey once registered. For each registration completed the **PTA will earn £2**. To register please go to www.nfer.ac.uk/panel and enter our PTA code **QA883**.

We are STILL getting people parking on the Zig Zags. Please let me or the office know if you see a car parked there. We can then address the offenders.

To help us monitor lunches there will be a slight change to the routine next week. We ask that the children take their packed lunch to their classroom with them. Teachers will then monitor the content of the children's lunches. If we feel there are inappropriate food stuffs in the lunch or too much sugar etc we will remove the items. We will then give them back to parents at the end of the day. Please make sure your child has a healthy balanced meal EVERY day. Although we will be focusing on this next week - this is an expectation of the school EVERY day of EVERY week. Diet is scientifically proven to affect health, concentration and the ability to learn as well as energy levels and mood. We are proud of the allotment and the cooking that we do at Lowther — but we also want children to learn in Science and most importantly through “real learning” what being healthy means. We will report next week how healthy the meals were!